



Chilled Juices

Fresh Squeezed Orange and Grapefruit Juice
Apple Cranberry Grape Pineapple Prune Tomato V-8

Cereals, Fruits & Yogurts

Sliced Bananas	Fresh Berries	Melon in Season
Stewed Prunes	Half Grapefruit	Plain or Vanilla Yogurt
Assorted Cold Cereals	Oatmeal	Migis Homemade Granola

Breakfast Entrées

Farm Fresh Eggs ~ Any Style
Egg Beaters and egg whites available by request

Three Egg Omelet
Your Choice of: Cheddar, Monterey Jack, Feta, Mushroom, Fresh Herbs, Spinach, Tomato, Peppers, Onion, Bacon Crumbles, Ham

Plain or Blueberry Pancakes with Pure Maine Maple Syrup

Eggs Benedict a la Migis

French Toast with Pure Maine Maple Syrup
Raisin Cinnamon Swirl or Texas Toast

Sides

Smoked Bacon	Grilled Sausage Patties
Sugar Cured Ham Steak	Home Fried Potatoes
Gulf of Maine Cod Cakes	Smoked Salmon

From the Migis Bakeshop

Fresh Baked Muffins and Pastries White, Wheat or Rye Toast
English Muffins Plain or Everything Bagels with Cream Cheese

Beverages

Freshly Brewed Regular and Decaffeinated Coffee
Assorted Teas Hot Cocoa Milk Skim Milk Almond Milk Soy Milk

GOING TO THE ZOO?

*Please complete a menu for each child who will join tonight's Children's Dinner Program and turn into your server **BEFORE** you leave breakfast.*

Thanks from your Zoo Sitters!