



# MIGIS LODGE

*On Sebago Lake*

## *Sample Breakfast Menu*



### **Chilled Juices**

*Fresh Squeezed Orange or Grapefruit Juice*  
*Apple*  
*Cranberry*  
*Grape*

*Pineapple*  
*Prune*  
*Tomato*  
*V8*

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### **Cereals, Fruits & Yogurts**

*Sliced Bananas*  
*Fresh Berries*  
*Stewed Prunes*  
*Assorted Cold Cereals*  
*Half Grapefruit*

*Oatmeal*  
*Assorted Cold Cereals*  
*Plain or Vanilla Yogurt*  
*Homemade Granola*  
*Melon in Season*

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### **Sides**

*Smoked Bacon*  
*Grilled Sausage Patties*  
*Sugar Cured Ham Steak*

*Home Fried Potatoes*  
*Smoked Salmon*  
*Gulf of Maine Cod Cakes*





## **Breakfast Entrees**

*Farm Fresh Eggs ~ Any Style*  
*Egg beaters & egg whites available by request*

*Three Egg Omelet*  
*Your choice of: cheddar, monterey jack, feta, mushroom, fresh herbs,, spinach, tomato  
pepper, onion, bacon crumbles, ham*

*Plain or Blueberry Pancakes*  
*With Maine maple syrup*

*Eggs Benedict a la Migis*

*Raisin Cinnamon Swirl or Texas Toast French Toast*  
*With Maine maple syrup*



## **From the Migis Bakeshop**

*Fresh Baked Muffins & Pastries*  
*English Muffins*  
*Plain or Everything Bagels with Cream Cheese*  
*White, Wheat or Rye Toast*



## **Beverages**

*Fresh Brewed Coffee, Regular or Decaf*  
*Assorted Teas*  
*Hot Cocoa*  
*Milk: Skim, Whole, 2%, Almond, and Soy*

### **\*Maine Food Code Advisory**

Some menu items may be served raw or undercooked or may contain raw or undercooked foods. Consumption of these foods may increase the risk of foodborne illness. Please check with your physician if you have any questions about consuming raw or undercooked foods.

